

Please pay your entry donation and collect your number.

Results Table 2023						
Pos	Bib	Time	Name		Class	Club
1	87	21:26.70	Harry	Holmes	aM	Matlock AC
2	95	22:10.70	Mark	Jones	aM	Dark Peak
3	12	23:24.80	Adam	Bentham	eB18	Mercia
4	183	23:38.60	Sara	Willhoit	bW	Mercia
5	177	24:00.50	Andrew	Watkins	aM	Mercia
6	126	24:16.00	Charlie	Preece	eB18	TelfordAC
7	145	24:18.30	Dave	Saunders	gM40	Mercia
8	167	24:20.60	James	Stuart	gM40	Mercia
9	182	24:46.00	Thomas	Wilde	aM	
10	18	25:47.60	Adam	Booth	gM40	
11	186	26:03.70	Tim	Willson	aM	
12	106	26:28.50	Ross	Litherland	gM40	
13	96	26:30.70	Sam	Jones	aM	Mercia
14	49	26:33.90	Alfie	Dean	eB18	
15	166	26:45.80	Chloe	Stuart	eG18	Mercia
16	24	26:49.50	Ralph	Brown	eB18	Telford AC
17	168	26:50.30	Sam	Taylor	eB18	Shrewsbury AC
18	159	26:54.00	Stephen	Bullough	aM	
19	143	26:59.40	Sam	Robson	aM	
20	20	27:04.00	Jack	Breeze	aM	
21	89	27:49.20	Andrew	Hughes	aM	
22	63	27:55.90	Rob	Evason	iM50	
23	238	28:00.60	Joe	Shaw	aM	
24	158	28:16.80	Joe	Southall	aM	Mercia
25	184	28:23.90	Amelia	Williams	bW	Trafford
26	132	28:33.80	Maurice	Price	gM40	
27	111	28:34.90	Matthew	Marsh	eB18	
28	4	28:38.90	Jamie	Arkle	aM	Mercia
29	27	28:42.20	William	Carlyle	aM	Mercia
30	69	28:46.50	Neil	France	iM50	
31	33	28:48.00	Rob	Corcoran	gM40	Shropshire Shuffle
32	165	28:53.50	Charlie	Stuart	cB11	Mercia
33	179	29:15.20	Charlotte	White	bW	Mercia
34	202	29:17.10	Matt	Bishop	iM50	
35	189	29:22.60	Jack	Yapp	aM	
36	232	29:28.20	Edward	Davies	kM60	
37	100	29:36.80	John	Langton	kM60	Mercia
38	110	29:42.10	Adrian	Marsh	gM40	

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39	131	29:58.80	Andrew	Price	aM	Shrewsbury AC
40	19	30:03.70	Rich	Breakwell	aM	
41	46	30:20.10	Sam	Davies	aM	
42	70	30:21.30	Jacob	Frendo	aM	
43	191	30:22.50	Liam	Bennett	aM	
44	51	30:26.30	Phil	Delves	aM	
45	123	30:29.00	Sam	Owen	aM	Shawbury joggers
46	76	30:37.10	Alan	Gorman	gM40	
47	129	30:43.20	Maggie	Preece	eG18	TelfordAC
48	245	30:46.10	Justin	Wyke	iM50	
49	190	30:50.60	Duncan	Bennett	gM40	
50	193	30:55.90	Mark	Bentham	gM40	
51	124	30:57.70	Mark	Pearson	kM60	Mercia
52	86	31:04.60	Isaac	Holme	cB11	Wenlock olympian
53	54	31:16.30	Nick	Dixon	kM60	
54	78	31:19.70	Thomas	Gorman	cB11	
55	224	31:23.50	Freddie	Timmis	aM	
56	22	31:27.30	Andrew	Brown	gM40	
57	188	31:28.30	Calvin	Wright	iM50	Shropshire Shuffle
58	53	31:33.60	Fin	Dixon	eB18	
59	84	31:38.70	Joe	Hodge	gM40	
60	30	31:43.00	Graham	Chidley	iM50	Mercia
61	163	31:55.40	Peter	Stone	gM40	
62	146	31:57.50	Keelan	Serjeant	gM40	Maldwyn Harriers
63	218	32:01.60	James	Kynaston	aM	
64	15	32:03.20	Sam	Bishop	aM	
65	28	32:05.20	Abby	Carter	bW	
66	36	32:08.80	Matthew	Cox	gM40	
67	7	32:15.10	Paul	Bailey	gM40	
68	109	32:21.30	Paul	Mammatt	iM50	Hereford Triathlon
69	82	32:22.90	Margaret	Herbert	bW	
70	65	32:30.60	Michael	Formby	iM50	Nil
71	29	32:41.20	Joe	Charles	aM	
72	6	32:43.90	Sam	Austrums	aM	
73	68	32:57.60	Carol	France	hW40	
74	97	33:02.30	Serena	Jones	bW	
75	225	33:02.70	Daniel	Harrison	cB11	
76	185	33:08.30	Fiona	Williams	jW50	Dolly Mixtures
77	113	33:14.10	Hugh	Morris	aM	
78	71	33:18.40	Marc	Gallagher	gM40	
79	242	33:48.40	Matty	Pinches	aM	

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80	88	33:53.50	Sue	Howarth	IW60	Mercia
81	94	33:56.70	Kevin	Jones	gM40	Maldwyn Harriers
82	50	34:03.20	Paul	Dean	aM	Wolves and bilston
83	246	34:07.10	Jeremy	Cattle	iM50	
84	73	34:07.70	Connor	Gatfield	eB18	
85	241	34:19.00	Simon	Penny	gM40	
86	200	34:19.30	Andrew	Pullen	gM40	
87	5	34:25.80	Mike	Arthur	iM50	Shropshire Shuffle
88	172	34:37.70	Stephen	Thompson	kM60	
89	181	34:42.30	Jimmy	Wilde	iM50	
90	209	34:46.60	Charlie	Booth	cB11	
91	216	34:55.20	Don	Smith	aM	
92	117	35:04.30	Chris	Myles	kM60	Mercia
93	195	35:06.00	Peter	Wilson	iM50	
94	196	35:11.70	Chloe	Evans	bW	
95	226	35:15.20	J	LeRoy	kM60	
96	125	35:20.30	Alison	Preece	jW50	TelfordAC
97	171	35:26.40	Hannah	Thompson	bW	
98	48	35:33.50	Alan	Dean	iM50	
99	35	35:34.80	Tommy	Corfield	gM40	Shrewsbury AC
100	201	35:36.80	James	Oldham	aM	
101	79	35:48.70	Tommy	Hagemann	eB18	
102	1	35:51.30	Alex	Austrums	aM	
103	221	36:01.20	Darren	Ellis	iM50	
104	211	36:04.90	Simon	Cobby	iM50	
105	67	36:07.30	Veronika	Fortelna	bW	
106	136	36:18.00	Jessica	Pugh	hW40	SYTri
107	194	36:19.40	Bethany	Wilson	eG18	
108	244	36:30.20	Bethany	Pinches	bF	
109	206	36:39.00	Jacob	Duffy	aM	
110	170	36:52.00	James	Thain	eB18	
111	21	36:59.70	John	Brewer	kM60	UK Netrunner
112	220	37:00.10	Tim	Davies	aM	
113	56	37:12.10	Victoria	Doran	hW40	Telford Harriers
114	153	37:26.60	Ian	Simmonds	iM50	Telford Harriers
115	77	37:30.40	Oliver	Gorman	cB11	
116	176	37:33.80	Harriet	Turner	bW	
117	138	37:34.20	Kevin	Randall	gM40	Valley Hill Runner
118	210	37:35.90	Luke	Cobby	eB18	
119	152	37:55.70	Arabella	Shuttlewort	eG18	
120	140	37:57.00	Roisin	Reeves	hW40	

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121	26	37:58.30	Dee	Bryson	IW60	Shawbury Joggers
122	115	38:04.60	Matthew	Morris	eB18	
123	98	38:08.70	Steven	Jones	kM60	Dark Peak
124	120	38:16.20	Darrell	O'Hora	aM	
125	154	38:21.30	Paul	Simon	mM70	
126	105	38:23.30	Catherine	Litherland	hW40	
127	52	38:25.10	Ellie	Dixon	bW	
128	208	38:37.00	James	Hopkins	cB11	
129	149	38:38.10	Natalia	Sheldon da	eG18	
130	161	38:40.10	Matt	Stephens	iM50	Shropshire Shuffle
131	108	38:57.10	Deanna	Mammatt	hW40	Hereford Triathlon
132	233	39:03.50	Amy	Haggerman	hW40	
133	155	39:07.70	Iris	Smith	eG18	
134	60	39:13.50	Ewan	Elliot	aM	
135	217	39:31.60	Georgina	Kynaston	bW	
136	187	39:35.40	Andrew	Wood	kM60	Shawbury Joggers
137	102	39:45.40	Martin	Leventon	aM	
138	219	39:58.70	Anmia	Roberts	bW	
139	234	40:07.30	Paul	Fotheringh	kM60	
140	247	40:13.80	Phil	Clarke	kM60	
141	75	40:32.80	Theresa	Gatfield	bW	
142	147	40:35.50	Holly	Sheldon	jW50	
143	157	40:44.70	Joss	Smith	kM60	
144	43	41:25.80	Helen	Davies	jW50	Dolly Mixtures
145	207	41:30.90	Elisha	Duffy	bW	
146	192	41:40.00	Matt	Hill	aM	
147	240	41:55.40	Jeremy	Broome	aM	
148	173	42:02.10	Sal	Tonge	jW50	
149	180	42:07.10	Emma	Wilde	hW40	
150	229	42:38.10	Emma	Browne	hW40	
151	230	42:47.40	Daryl	Browne	gM40	
152	130	42:50.60	Tony	Preece	iM50	TelfordAC
153	42	43:03.80	Rhys	Crowther	cB11	Sac
154	64	43:04.20	Glyn	Finch	iM50	
155	203	43:40.50	Megan	James	bW	
156	74	44:07.90	James	Gatfield	aM	
157	162	44:22.80	Adam	Stockwell	gM40	Shropshire Shuffle
158	37	44:37.20	Katherine	Coyne	hW40	
159	148	45:44.00	Alexandra	Sheldon da	eG18	
160	243	45:46.10	James	Challinor	cB11	
161	32	45:53.40	Chris	Cooper	aM	

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162	99	46:10.90	Gayle	Kinsey	hW40	
163	164	46:11.70	Powell	Strong	iM50	
164	80	46:30.80	John	Hall	mM70	FRA
165	239	47:03.30	Ant	Matcham	aM	
166	31	47:16.40	Ceri	Cooper	bW	
167	41	47:16.70	Maggie	Crowther	eG18	
168	222	47:17.70	Shelly	Townsend	jW50	
169	223	47:22.60	Andy	Swain	iM50	
170	112	48:07.70	Claire	Morris	hW40	
171	119	48:08.20	Charlie	O'Hora	bW	
172	103	48:16.90	Phoebe	Lewis	bW	
173	40	48:29.20	Leanne	Crowther	jW50	
174	235	48:32.20	Hannah	Bridge	lW60	
175	91	49:18.30	Jules	Jacques	bW	
176	205	49:52.80	Jane	DaCosta	jW50	
177	204	50:26.50	David	Evason	mM70	
178	212	50:50.60	Sue	Lloyd	lW60	
179	231	51:15.70	Mark	Turner	kM60	
180	169	51:38.20	Adele	Thain	hW40	
181	215	52:16.40	Jonty	Sandells	cB11	
182	236	53:53.00	Jimmy	Weng	eB18	
183	38	55:26.30	Bonnie	Crowther	eG18	SAC
184	23	57:39.00	David	Brown	gM40	
185	25	57:39.80	Stuart	Brown	gM40	
186	13	58:59.50	Connor	Beswick	aM	
187	213	58:59.90	Charlie	Sandells	gM40	
188	214	59:00.40	Edward	Sandells	cB11	