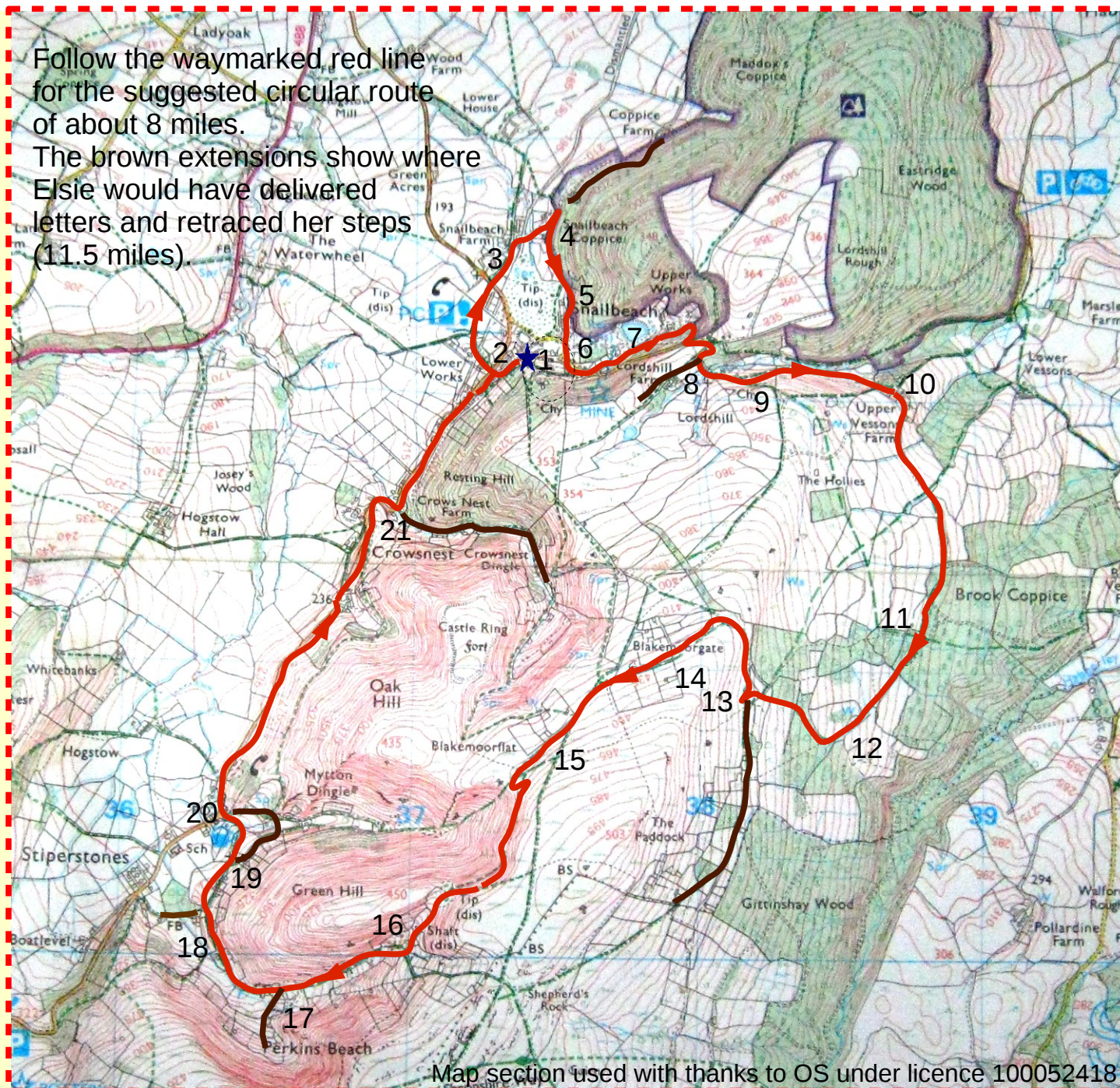


- 1 Elsie sorted mail at the Post Office now Number 22. Starting her round down Shop Lane.
2. Crossing the road down to Lower Works where her Mum lived. Most of the new houses to your right were built later.
3. Crossing the road again through Snailbeach Farm only delivering to property to your right and through the gate.
4. Out to Coppice Farm and back. You can turn right here to miss the spur.
5. Back up to the PO for her second bag. .
6. Elsie would have gone up and down to the Counting House and called at 20 Snailbeach where she lived.
7. Through Upper Works, with several cottages, to the Stile; a steep path to Lords Hill.
- 8 Another spur To Lordshill farm and back via the Chapel.
9. On to Upper Vessons, then a Prison Farm.
10. Bear right here, this section is not a right of way, please respect the landowners.

Follow the waymarked red line for the suggested circular route of about 8 miles. The brown extensions show where Elsie would have delivered letters and retraced her steps (11.5 miles)



- 11 Through fields and bearing right to Brook Cottage.
- 12 The Paddock Farm, the path is rough and wet here, Keep to the fence until through a very wet gate. Look for a faint path and waymarking posts.
- 13 The Paddock and Gittinshay still had a few houses when Elsie started, it is now deserted. You can view more of the ruins to your left or continue right on the good track
- 14 Natural England have rebuilt two cottages vacated in the 60s at Blakemorgate.
- 15 Past May Salter's cottage, now a ruin and bear left to contour above the valley around the "Rack", Elsie's favourite part of the walk. She would 'lie on the wind' on blustery days. Scared of heights?. There is a less exposed route to your left.
16. More cottage remains following down into Perkins Beach Dingle
17. The Ventnor, and a return trip to "Roberts's"
18. Another side step to the Clover.
19. An optional loop past the old "Red Ball"
20. Back to the road at the Stiperstones Inn.
21. The last spur up and down the Crow's Nest Dingle and back along the road.

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